

Frances “Mary Lou” Sigmon Winters!

Frances “Mary Lou” Sigmon Winters, 83, of Claremont, passed away on Monday, January 27, 2025 at Trinity Village of Hickory.

She was born August 27, 1941 in Catawba County to the late Clarence Clifton Sigmon and Dorothy Melinda Pope Sigmon. Mary Lou was a member of Bethel Lutheran Church and retired as the Cafeteria Manager at Oxford Elementary School. Mary Lou found joy in cooking for her family and the children she served at Oxford. Her generosity and community spirit shone through as she helped start the Easter breakfast at church and played a key role in organizing chicken pie fundraisers. Mary Lou had a love for country music and vacationing in Nashville.

In addition to her parents, she was preceded in death by her brothers, Clarence Sigmon Jr., Tony Sigmon, Ray Sigmon, James Sigmon, and Charlie Sigmon; and sister, Carolyn Sigmon.

Those left to cherish her memory are;

Husband of 65 years: Edwin Winters of the home

Daughter: Melinda Smith and husband David of Newton

Brother: Joe C. Sigmon and wife Betty of Catawba

Sisters-in-law: Mary Sigmon of Claremont

Shirley Sigmon of Claremont

Conie Sigmon of Taylorsville

Numerous nieces, nephews, great nieces and nephews, and great-great nieces and nephews.

Special Friends: Ella Lee Brown, Bert Winebarger and Jennifer Walker of Trinity Village

The family would like to thank Dr. David Cabral, the staff of Cabral Internal Medicine, and the staff of Trinity Village for their care of Mary Lou.

A gathering of family and friends to celebrate Mary Lou’s life will be held on Saturday, February 1, 2025 from 2:00 to 4:00 p.m. at Bennett Funeral Service, 7878 NC Hwy 16, Newton. A celebration of life service will be held on Tuesday, February 4, 2025 at 2:00 p.m. at Bethel Lutheran Church in Claremont. Pastor Eric Hollar will officiate. Burial will follow in the church cemetery.

Memorials may be made to Bethel Lutheran Church Hands of Christ Fund, 5759 Bolick Rd., Claremont, NC 28610 or Trinity Village of Hickory, 1265 21st St. NE, Hickory, NC 28601.

Condolences may be made in the comments section below

The Winters family is in the care of Bennett Funeral Service of Newton, 828-465-2111