

Catawba Seniors Morning Out For December

Catawba County Government

HICKORY, N.C. –Participants will enjoy a variety of activities in December including musical performances, crafting classes, and cooking demonstrations.

Any resident of Catawba County who is 60 or older is invited to join Seniors Morning Out, which is held Monday through Thursday mornings at five convenient locations. A hot, balanced lunch is served each day. Programs are free to participants, who may pick and choose which days to attend. Bus transportation to and from the sites is available in some locations.

Other program highlights are as follows:

At the Newton site, located at First Presbyterian Church, 701 N Main Ave, Newton: Dec 2, Christmas Cooking Class; Dec 4, musical performance by Cameron Matthews; Dec 9, crafts: alcohol ink ornaments; Dec 10, performance by Oxford Elementary Handbell Choir; Dec 11, musical performance by Cody Newton; Dec 16, Tim Hefner Christmas Program; Dec 18, blood pressure checks and Flu information with Liliana Adrian, CVHS. If you would like to participate in any of these activities, please contact Danielle Hicks at 828-455-4133 at least two days in advance.

At the East Hickory site, located at First United Methodist Church, 311 3rd Ave NE, Hickory: Dec 3, trivia with Steve; Dec 9, crafts with Mille and Elle Arzola; Dec 10, holiday trivia and games; Dec 12, cooking class: “Christmas Candy” with Kathy and Wes; Dec 16, Suicide and Aging with Partners Health; Dec 17, blood pressure checks and Arthritis with Carolyn Thompson, CVHS; Dec 31, Christmas Sing-a-long with Jennifer Williams, Hickory Public Library. If you would like to participate in any of these activities, please contact Suzi Caesar at 828-320-5963 at least two days in advance.

At the North Hickory site, located at Sandy Ridge Baptist Church, 3702 16t St NE, Hickory: Dec 2, crafts with Joanne Crawford; Dec 9, cocoa, cookies, and crafts with Debbie Helton; Dec 10, chalk art with J. Charles Sisti; Dec 12, musical performance by Papa Grey Beard; Dec 16, Dementia and the Holidays with Partners Health; Dec 18, Christmas Sing-a-long with Jennifer Williams, Hickory Public Library; Dec 19, musical performance by Blue Ridge Edition. If you would like to participate in any of these activities, please contact Cherie Grambow at least two days in advance by calling 828-323-8746.

At the Claremont site, located at Mt. Calvary Lutheran Church, 3180 W Main St, Claremont: Dec 3, cooking class: making Christmas Cracker Candy with Kayla; Dec 4, hot chocolate and ornament making; Dec 5, musical performance by Papa Grey Beard; Dec 10, crafts with Tonya Jarnac; Dec 12, musical performance by Sentimental Journey; Dec 17, Communication 101-Dementia with Partners Health; Dec 18, activity with Sherrills Ford Library. If you would like to attend any of these programs, please call Kayla Smith at 828-320-0434 at least two days in advance.

At the Maiden site, located at the Maiden Community Center, 207 E Klutz St, Maiden: Dec 3, blood pressure checks and Quit Smoking with Carolyn Thompson, CVHS; Dec 4, musical performance by Cody Newton; Dec 9, Christmas Program with Golden Voices; Dec 10, crafts: alcohol ink ornaments; Dec 11, musical performance by Bob Hollar; Dec 12, coffee and chat with Nathaniel Austin; Dec 18, holiday festivities and party games. If you would like to attend any of these programs, please call Lisa Adams at 828-320-5966.

Seniors Morning Out is operated by Senior Nutrition Services of Catawba County Social Services and is in need of volunteers to assist with the program between 8:30am and noon, Monday – Thursday. Please call 828-695-5610, if interested. In addition to SMO, Senior Nutrition Services operates Meals on Wheels and related programs in the county. You can volunteer as little as 1.5 hours a month. To find out more, contact Senior Nutrition Services at 828-695-5610 during regular business hours, 7 a.m. to 4 p.m. Monday through Friday, except for holidays. For the latest updates, like their Facebook page at http://www.facebook.com/MealsonWheelsofCatawbaCounty, or visit their website at http://www.MealsonWheelsofCatawbaCounty.org.

Catawba County Senior Nutrition Services is a United Way funded partner. Catawba County United Way’s mission is to increase the organized capacity of people to help others by mobilizing the caring power of our community. For more information, locate us on Facebook, 828-327-6851 or www.ccunitedway.com